

Counselor's Corner

Chesterfield School

November 2017

Dear Families,

Small Groups

I hope this newsletter finds you doing well and enjoying the warm autumn we've been having. I'm absolutely loving my time at Chesterfield School with all your fun, talented and hard working children!

This newsletter includes some updates from both September and October. Being new at Chesterfield School I missed the deadline for the last newsletter. Oops!

Best,
Becky Kohler

Kindergarten/1st/2nd

I was able to spend some time in K-2 classrooms introducing myself and my role as school counselor around the building in September.

In October I enjoyed being a guest reader for some Kindergarten, 1st and 2nd grade classes during their library time. Thank you Mrs. Waters for inviting me! We read, [A Bike Like Sergio's](#) by Maribeth Boelts and had some great conversations about making good choice (even when it's really hard to do).

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Small groups were explained in my September issue of *Counselor's Corner*. Please let me know if you have any questions about small groups that may be available at Chesterfield School.

Currently, interested 6th, 7th and 8th graders are participating in a student-led group that they have named, "Chesterfield for Change". Mrs. White and I meet with these students on Mondays during lunch.

"Chesterfield for Change" is focusing their efforts on fundraising for hurricane relief and just kicked off a school wide duct-tape fundraiser. You may hear your child asking to bring in money to vote for a teacher they'd like to see duct tape to the wall. Students are very excited about this opportunity! All money raised will be donated to an organization called, Direct Relief. The students researched organizations and chose this humanitarian aid organization for it's reputation, transparency and commitment to helping ALL.

Smaller groups of children gather in my office at lunch times. Some groups meet once, I love checking in on students just to hear how their school year is going. Other groups might meet weekly to explore activities related to a specific theme. Topic may include; friendship, feelings, family changes, mindfulness, conflict or social thinking.

Interested in learning more? Email is a great way to reach me. You can always talk to your child's classroom teacher about small groups, too.



"Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace."

At Chesterfield School we celebrated International Day of Peace throughout the school in two ways.

Students worked with buddy classes to create "Peace Pinwheels" that depicted colors, images and words of peace. Many Peace Pinwheels were planted around the flagpole on Wednesday, 9/20 and Thursday, 9/21 as a way of bringing our messages of peace into the world.

On Thursday, 9/21, everyone at CES paused in silence at 12noon to send thoughts of peace and kindness to our families, school, community and world joining a "Peacewave" that was travelling across the globe one time zone at a time.

Celebrating International Day of Peace not only fun, but a great way to deepen our thinking about kindness connected to our [Wonder](#) theme.


